



In our time, let us do good

*Extension and
Enrichment
Activities*

Information

Booklet

August 2018

July 2019

Making the most of each day!

At The Latham School we are committed to providing a first class education and are proud to offer a wide range of Extension and Enrichment Activities (EEA). In other schools these might be called co-curricular activities. EEAs are an integral part of the school day so that all children have the opportunity to develop their interests and talents in a range of activities.

We encourage our pupils to extend their knowledge and skills, to try new things, to make mistakes and learn from them, and to develop commitment, perseverance, teamwork and organisational skills. It is also appropriate for pupils to be able to begin to make choices for themselves. Some of the children may want to do 'everything', but it is good for them, in a supportive setting, to understand that there are times when they have to choose and that a certain option may not be available to them.

Availability

Some activities have limits on capacity, which are set in line with teacher/child ratios and the nature of the activity. Where an activity is very popular and is over-subscribed we allocate places based on whether a pupil has been in the group previously, and allow those who have not, first preference. Places will also be allocated on a first come first served basis.

Changing Activities

Learning to commit to an activity from start to finish is an important lesson, which the EEA programme promotes. Once a commitment has been made, pupils are expected to continue for the full year, even if it is not quite what they had expected.

If there is a pressing reason for a change to be made, please contact the Principal and clearly outline the change requested and the reasons for doing so. Where fees are involved it will NOT be possible to obtain any refund when an outside provider has been contracted to provide the activity.

Payment

Payment for activities with additional fees **MUST** be made in full before a place is confirmed. Failure to send in full payment before the commencement date will result in a pupil being allocated to another activity.

Payments should be sent in a sealed envelope with the name of your child, their class and the activity marked clearly on the envelope.

A small payment of Tshs 10,000 per pupil per term will be levied for activities that use specialised consumables eg. jewellery beads, which will be used to make items that pupils will eventually take home.

Weekly Timetable

	Activity	Leader	Location
Monday	Taekwondo Yrs 1-3	Paying	Banda
	Minecraft Yrs 6 -8	Mr Sunday	F1 Classroom
	Board Games Yrs 3-4	Ms Nasengena	Classroom
	Volleyball Yrs 4-8	Ms Kutwa	Sports Courts
	3D Modeling Yrs 1-6	Ms Siebert	Creative Arts Room
	Short Tennis Yrs 1-3	Mr Materu	Sports Courts
	Debating Yrs 3-8	Ms Wanjiru	Yr 1 Classroom
Tuesday	Taekwondo Yrs 4-8	Paying	Banda
	Games Mania Yrs 1-3	Ms Kayinga	Sports Courts
	Mindfulness Colouring Yrs 1-4	Ms Wanjiru	Yr 1 Classroom
	Choir	Ms Siebert	Creative Arts Room
	Hockey	Mr Materu	Sports Courts
	Roots and Shoots	Ms Ouma	Yr 5 Classroom
Wednesday	Basketball Yrs 4-8	Mr Materu	Sports Courts
	Art for Artists Yrs 4-8	Ms Siebert	Creative Arts Room
	Dance Yrs 1-3	Ms Kayinga	Banda
	Pupil Newsletter Yrs 5-8	Ms Ouma	Yr 5 Classroom
	Yoga Yrs1-8	Paying	Yr 3 Classroom
	Jewellery Making Yrs 3-8	Ms William	Yr 2 Classroom
	Football Yrs 1-3	Mr Page	Sports Field
Thursday	Puppet Theatre Yrs 1-3	Ms William	Yr 2 Classroom
	Football Yrs 4-8	Mr Page	Sports Field

	Chess Yrs 1-8	Paying	Yr 3 Classroom
	Dance Yrs 4-8	Ms Kayinga	Banda
	Swahili Songs and Stories Yrs 1-3	Mr Ndyanabo	Yr 1 Classroom
Friday	Crocheting and Knitting Yrs 4-8	Ms Wanjiru	Year 1 Classroom
	African Drumming Yrs 1-3	Ms Siebert	Creative Arts Room
	French Songs and Stories Yrs 1-3	Mr Ndyanabo	Yr 3 Classroom
	Tag Rugby	Mr Materu	Sports Field
	Public Speaking	Ms Kutchwa	Yr 6 Classroom
	Messy Play	Ms William	Yr 2 Classroom

Monday

Taekwondo

Taekwondo for the younger children is planned in such a manner as to introduce this Korean martial art in a fun and enjoyable way appropriate to the age of the children.

There is a charge for this activity. Tshs 7,000 per session.

Minecraft

This is a hugely popular computer application in which participants create complex imaginary worlds. This develops ITC skills, imagination and creativity.

Board Games

During this EEA pupils will enjoy playing the ever-popular games such as snakes and ladders and will also learn new ones such as Rako, and for those who know the rules. Pupils will also learn social skills such as turn-taking co-operation and being a generous winner and gracious loser.

Volleyball

As always, at The Latham School, we aim for diversity. This is a newly introduced EEA that will teach volleyball skills. Sportsmanship, discipline, teamwork and the drive to excel in a competitive world will be part of the volleyball team.

3D Modelling

In this EEA junk comes into its own. Pupils will have the opportunity to make large creations from boxes, wire, papier mâché and anything else their imaginations suggest.

Short Tennis

Short Tennis is specifically designed to help young children experience early success as they learn the basics of tennis before progressing to the full version of the sport. During this EEA children will learn the strokes and will play matches.

Debating

Learn to convince others of the merits of your arguments. Learn how to use rhetorical techniques and how to counter your opponents' points.

Tuesday

Taekwondo

Taekwondo is a Korean martial art that all ages can learn. It combines combat and self-

defence techniques with sport and exercise. The emphasis on kicking techniques will give pupils a great aerobic workout while improving balance and coordination.

There is a charge for this activity. Tshs 7,000 per session.

Games Mania

In this EEA pupils will develop their agility, balance, co-ordination, stamina, speed, heart rate, and muscles by playing a range of exciting games that children don't usually do in their PE lessons.

Choir

Everyone is welcome to come and join this group, whether you think you are a good singer or not!

We will learn lots of different songs including songs from musicals, pop songs and possibly even some songs in different languages!

Mindfulness Colouring

Mindfulness colouring is all the rage. It taps into the enjoyment children have of colouring, in a new way. Children will choose the shapes and patterns that they want to colour from the selection available. The intricate patterns and pictures could take a number of sessions to complete. The activity is designed to create a peaceful sense of well being whilst encouraging concentration skills and mindfulness.

Hockey

Pupils will learn stick control, passing skills and how to shoot goals in this popular sport.

Roots and Shoots

Jane Goodall's Roots & Shoots is an international youth led programme that aims to make the world a better place!

There are 3 main focuses – Community, Animals and Environment.

Members of the Roots & Shoots EEA will decide a focus for each term and will lead the school in fundraising for a chosen charity as well as interacting with their community and environment around them in a variety of outreach projects.

This EEA will involve going out of school on a regular basis

Wednesday

Basketball

Novices and experienced basketball players are welcome to join this EEA. They will practise drills, play games and train to compete for a place in the school team.

Art for Artists

This is an EEA for pupils who really enjoy drawing and painting and want to develop their skills by learning more in-depth techniques linked to lots of famous and interesting artists from around the world. The art skills that participants learn will enable them to use them for their art activities at home.

Dance

Dance for the younger children provides the opportunity to learn to listen to the beat and the rhythm and to move in time. They will make up their own dances and learn the steps for other dances.

Pupil Newsletter

It may surprise everyone that our newsletter is read around the world by people not directly connected to the school, and we have frequently had very enthusiastic responses to it. In this EEA pupils are responsible for assisting in the publication of the half-term newsletter, which goes on our website and is posted out to parents. They write and conduct interviews, take photos, and write articles.

Yoga

You have heard of Yoga; now you have the opportunity to learn yoga postures and breathing exercises at the same time as improving your concentration, building your self-confidence, improving your physical health, and also having fun.

There is a charge for this activity. Tshs 7,000 per session.

Jewellery Making

Pupils will enjoy creating bracelets, necklaces, hair ornaments and other items of jewellery to take home using beads, and a range of decorative items.

There is a one-off payment each term for this activity of Tshs 10,000.

Football

This EEA is the opportunity for younger pupils to develop their skills for playing 'the beautiful game'. They will play games and learn the rules and the importance of sportsmanship.

Thursday

Puppet Theatre

In this EEA pupils will make puppets using a variety of techniques. They will and perform a full puppet show to an audience using the puppets they have made. Sometimes they will make up their own stories and sometimes they will enact famous stories they already know.

Football

Pupils who join this EEA will improve their football skills, play games and train up to match standard so that pupils can compete to be selected for school teams.

Chess

This EEA will give children the opportunity to learn to play chess and to develop their skills to a high level. It will be run by a former National Chess Champion and founder of Play Chess Academy, who is also the General Secretary at the Tanzania Chess Association and the Manager at the Tanzania Chess Foundation.

There is a charge for this activity. Tshs 7,000 per session.

Dance

Those who love to dance and move to music will enjoy this EEA. Members of the group will have fun learning the steps and movement for all kinds of dances.

Swahili Stories

In this EEA the youngest children will enjoy hearing many traditional as well as modern stories in Swahili. They will improve their Swahili while enjoying the stories.

Friday

Crocheting and Knitting

Participants in this EEA learn how to crochet and knit and those who are already proficient work on more complicated items. This EEA is popular with girls and boys.

There is a one-off payment each term for this activity of Tshs 10,000.

African Drumming and Dance

Pupils will learn body drumming before turning to their drum to transfer the skills they will already have learnt.

Dancing goes hand-in-hand with African drumming. This is an EEA where everyone will have fun exploring rhythms and movement.

French Songs and Stories

This EEA allows pupils in Yrs 1-3 to be introduced to basic French through fun songs, stories.

Public Speaking

Public Speaking provides the opportunity for children to overcome their fear of public speaking and boosts their self esteem. Both their critical and communication skills will be developed. Public speaking gives the children an effective platform for sharing their ideas on various issues.

French Songs and Stories

This EEA allows pupils in Yrs 1-3 to be introduced to basic French through fun songs, stories.

Tag Rugby

This EEA provides the opportunity for pupils to learn a sport that is rapidly increasing in popularity. Tag rugby is a non-contact team game in which each player has a 'flag' tucked into their shorts. It is based on rugby football. Attacking players attempt to dodge, evade and pass a rugby ball while defenders attempt to prevent them scoring by "tagging" their opponent.

Messy Play

It's time to get down and dirty with your hands! Children will be making different kinds of sensory resources, exploring textures with play dough, pasta, rice and seeds before using their minds to create personal artworks. This is a great opportunity for children to develop their fine motor skills and creativity.