

MEDEWELL CHARITABLE HEALTH CENTRE, MPAKANI, KIBAHA, PWANI, TANZANIA

FREE CATARACT SURGICAL CAMP

SPONSORS: BETA CHARITABLE TRUST, UK; WORLD SIGHT INC, USA; DOCTORS WORLDWIDE, UK

Dates:	August 16-17, 2014
Location:	Medewell Charitable Health Centre, Kibaha
Camp Consultant:	Dr Dilawar Padhani
Camp Organisers:	Dr Mudassir Alloo, Dr Shiraz Dato, Amina Ramadhani & Asinati Mbarak
Ophthalmologist:	Dr Mustafa & Dr Ali Hassan
Ophthalmic Nurses:	Sr Octavina & Sr Rosy
Optometrists:	Dr Mudassir Alloo and Dr Shaznan Bhalloo
Volunteers:	Ali Manji, Juma & Shazmin Bhalloo
Nurse in charge	Sr Rehema Mbwambo & Sr Asha Idi
Number of patients:	47
Number of Surgeries:	24
Surgeries:	23 cataracts and 1 corneal suture

All patients were requested to come to the centre a night before. In total 47 patients came to avail this unique opportunity of having a free treatment for their eyes. Most of them being old and frail, escorted by a family member.

On arrival, a delicious dinner and a warm comfortable bed were welcoming them. There was a real buzz of excitement and anticipation in the air.

The patients and their escorts enjoyed to sleep on new mattresses and pillows donated by Mr Suraj Chandalia of the VITA FOAM MATTRESSES.

Of the total of 47 who came for the camp, 20 qualified for cataract surgery. Out of these 20, 17 had unilateral cataracts and 3 were diagnosed with bilateral dense cataracts meaning they were totally blind. Others had various ocular pathologies for which they were counseled and/or given medications, or provided with corrective glasses. One teenage kid had injured his eye with a stick and was diagnosed with corneal laceration. He was admitted for surgery and the wound was sutured.

Dr Mustafa, our camp ophthalmologist, and his team performed 18 surgeries on the first day of the camp and 5 the next day. We had the opportunity to avail the services of Dr Ali Hassan, an ophthalmologist from UK at this camp. Post op evaluation for all were conducted the following day. All patients were provided with details on the after-care and a pictorial info sheet explaining the Do's and Don'ts. Free eye drops, sun glasses and pain killers were also provided. Thankfully, this time there were no frequent power interruptions and the surgeries were conducted very peacefully.

All the patients and their families were very happy with the hospitality and care they received at the Centre. The guests were provided with breakfast, mid morning porridge, lunch, mid afternoon tea, dinner and evening tea during their 2 days stay at the centre.

One week follow-up checking was conducted by Dr Ali Hassan. The excitement, joy, prayers and appreciation for the gift of life was to be seen. Some had gained sight after a couple of years of almost total blindness. They could not contain their happiness of getting a new life, free from being dependent on others for basic daily chores. One lady was so excited that she insisted on climbing the stairs and walking to the clinic alone without any escort – after all, she could finally SEE!

The final monthly follow-up check up will take place on 21st and 28th September.

Our thanks to Medewell staff, WIPAHS's maintenance, transport, house-keeping and catering departments, Boys Scouts and all other volunteers. Our special thanks to our sponsors, Vita Foam Mattresses, Beta Charitable Trust of UK, World Sight Inc of USA and Doctors Worldwide of UK. The surgical team requires special mention for their tireless efforts and professional contribution throughout the two day camp.

PRE-OPERATION PICTURES



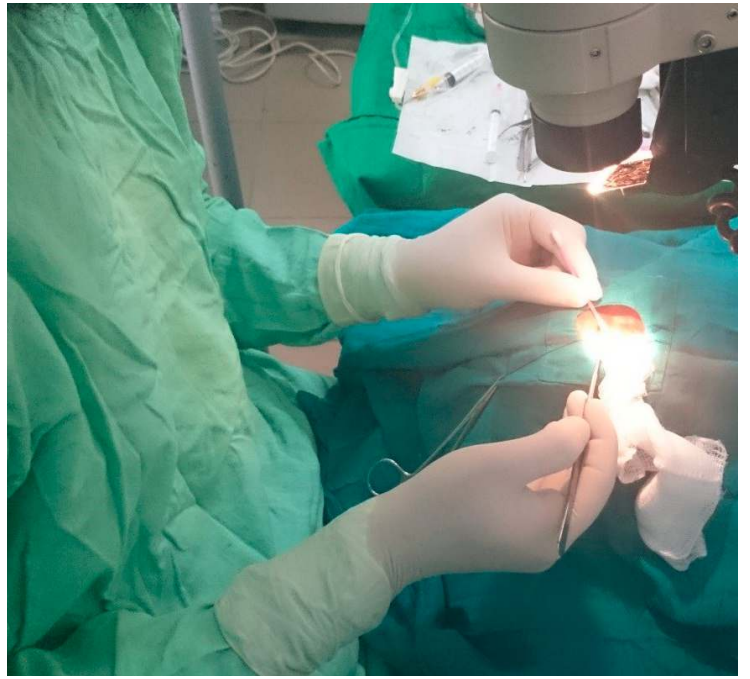
Patients waiting for their initial check up



Pre-operative Examination by Dr Ali Hassan



In the Theatre



The Surgical Team



Group Picture – Before Surgery
Anxious but excited



Group Picture – The next day – After Surgery
Excited but not anxious





Dr. Romilus Kahwili from the Ministry of Health, who frequents Medewell Health Centre and many other hospitals in his jurisdiction for supervision and inspection opted to have his cataract surgery done at this Centre. Dr Kahwili could have chosen much higher and well equipped centres in the city of Dar es Salaam to have his surgery, but his trust in our quality of service and nursing care is a testimonial of great value.

Dr. Kahwili posing for a picture with Dr. Mudassir Alloo, who is the Coordinator of the Eye Camps, Eye Clinics and Vision Screening Projects at Medewell Health Centre.



Dr Romilus Kahwili
Before Surgery



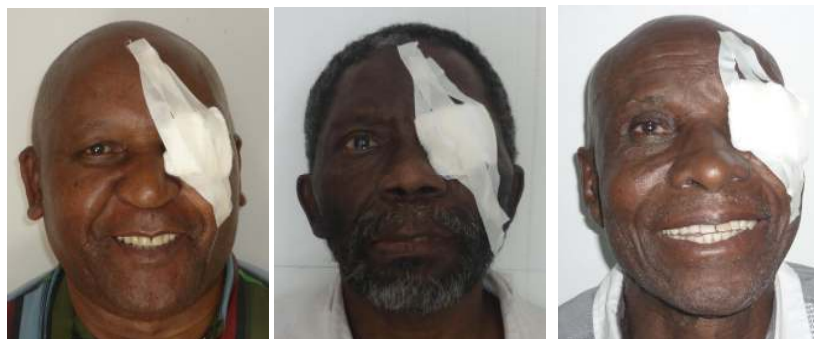
After Surgery



Generous donation of 50 foam mattresses and 50 pillows by Mr Suraj Chandalia of Vita Foam (T) Ltd to the Medewell Health Centre for the comfort and good night sleep of patients and their families during the camp.

Picture shows the gift being received by the Doctor in Charge, Dr Nchimbi and the Hospital Administrator, Mrs Amina Ramadhani.

After surgery



Operation List

	NAME	AGE	EYE
1	CATHERINE BOKE	73	LEFT
2	DR.ROMILUS KAHWILI	56	LEFT
3	SALOME M. ABDALLAH	60	RIGHT/LEFT
4	STANLEY S.MENGELE	71	LEFT
5	ANDERSON MUNGONI	65	RIGHT
6	RAMADHAN NTAKI	84	RIGHT/LEFT
7	AMINA RAMADHANI	75	LEFT
8	DIANA SHILA	63	LEFT
9	ABDUL ELISAFI MRONGI	76	LEFT
10	SYLVESTER MATIKO	64	LEFT
11	MAKAMBA ALLY	65	RIGHT
12	MAUA SALEHE	70	LEFT
13	MATRIDA NYASU	72	LEFT
14	CATHERINE MBALALE	67	RIGHT
15	RUKIA S.ABDALLAH	74	LEFT
16	NICOLAS KOMBA	65	RIGHT/LEFT
17	MOHAMED WAZIRI	42	RIGHT
18	RAINI CHISALON	72	RIGHT
19	WILLIAM MISALE	17	LEFT
20	JULIUS URASSA	50	LEFT

Thank you